

Personal Device Security Audit Tool

Tool · A Reusable Audit Instrument You Can Run On Any Phone, Laptop, Or Tablet.

Print one copy per device. Walk through every checkpoint. Score each device 0-100 and prioritise upgrades or replacements based on the lowest scorers.

Device Information

Device name: _____ · Owner: _____

Type (laptop / phone / tablet / other): _____

Operating system & version: _____

Audit date: _____ · Next audit due: _____

Section 1 — System Health (20 Pts)

- Operating system on latest major version (5 pts).
- Auto-updates enabled (5 pts).
- All apps updated within last 30 days (5 pts).
- No software past end-of-life (5 pts).

Section score: ____ / 20

Section 2 — Authentication & Access (20 Pts)

- Strong passcode / biometric set (5 pts).
- Auto-lock under 60 seconds (5 pts).
- Lock-screen notifications hidden / minimal (5 pts).
- Find My / Find My Device enabled (5 pts).

Section score: ____ / 20

Section 3 — Encryption & Storage (15 Pts)

- Full-disk encryption enabled (FileVault / BitLocker) (8 pts).
- Sensitive files stored in encrypted cloud or vault (4 pts).
- Backups happening automatically and recently (3 pts).

Section score: ____ / 15

Section 4 — Network & Permissions (20 Pts)

- Connected to home network on appropriate Wi-Fi (main vs IoT segment) (5 pts).
- Bluetooth / AirDrop locked down to known contacts (5 pts).
- App permissions audited within last 90 days (5 pts).
- Location-services list reviewed and pruned (5 pts).

Section score: ____ / 20

Section 5 — Browser & Apps (15 Pts)

- Browser is up to date with privacy protection set to strict (5 pts).
- Browser extensions reviewed within 30 days (3 pts).
- No 'free PC optimisers,' 'driver updaters,' or unknown utility apps installed (4 pts).
- Apps installed only from official store/marketplace (3 pts).

Section score: ____ / 15

Section 6 — Endpoint Protection (10 Pts)

- Modern antivirus / endpoint protection running (5 pts).
- No security warnings unresolved (5 pts).

Section score: ____ / 10

Total Score & Verdict

Total: ____ / 100

85+: Hardened. Quarterly check is enough. · 70-84: Solid. Address 1-2 gaps. · <70: Significant work needed.

Top 3 Fixes For This Device

- 1 _____
- 2 _____
- 3 _____

DID YOU KNOW?

1 In 4 Americans Reuses A Password Across 5+ Sites.

If yours is one of them, a single breach exposes your whole life. The fix is the password manager you've been putting off — Day 9 of our 30-Day Sprint walks you through it.

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